



## **Calling All Adults!**

Are you looking to learn to skate? Want to improve your current skating skills? Do you want to learn a some figure skating skills?

If you answered yes to any of these questions, then the Stratford Skating Club/NSSA Inc.'s new Adult Skating Program is for you. This program is designed for adult skaters of all skating abilities.

Our program will be broken up into different groups of adult skaters. Groupings will be done by skating ability and goals of our adult skaters. Adults will be able to move between groups throughout the season as skills progress and goals change.

Our sessions will be taught by our expert NCCP Certified Professional Skating Coaches. Our coaches will provide our groups with some instructional time and then allow the adult skaters to work on those skills with some independent skating time.

Sessions will take place on Tuesdays from 9:30-10:20pm at the Allman Arena (down at the Avon River). Our 12 week Fall session runs from the end of September until Christmas, while our 12 week Winter session runs from January to March 2026. Registration is also open for a combined Fall and Winter season (full 24 weeks of program) at this time..

Take the time for yourself this skating season. Learn a new sport, or new skills in a sport you already enjoy! Register today with the Stratford Skating Club/NSSA Inc.

Registration forms can be found on our website at: www.stratfordskating.ca. Online registration can also be done through this site.

Questions? Please contact us at: <a href="mailto:stratfordskating@gmail.com">stratfordskating@gmail.com</a>, or 519-275-2379